

準備出發

出發前，請仔細檢查及閱讀名人假期所提供的旅遊資訊，包括酒店、行程及緊急聯絡電話等信息。請確保您在出發前準備好所有旅行證件、機票、護照和必要的簽證。

護照/簽證

1. 持用任何護照，須距回程日期至少六個月有效，且須保留至少一頁空白，以便海關蓋章。
2. 美國永久居民除護照外，尚須攜帶綠卡以便再入境美國。
3. 隨身攜帶在美國的緊急聯絡人姓名、電話和地址。
4. 妥善保管旅行證件、護照、信用卡、旅行支票、現金、機票等，影印留底，與原件分開存放。留一份給家人，再將影本以電郵寄給自己，俾需要時能迅速取得。
5. 持有效美國護照進入日本旅遊，90 天內免簽證。持用其他護照及簽證詳情，請查詢日本領事館網站：
洛杉磯(www.la.us.emb-japan.go.jp)
紐約(www.ny.us.emb-japan.go.jp)
舊金山(www.sf.us.emb-japan.go.jp)
6. 若持有效之入境簽證及旅遊證件，卻於入境時遭移民局或海關拒絕入境，概與本公司無涉，不得要求退費或轉讓。

旅遊諮詢

美國國務院為國民提供全世界每個國家的最新旅遊信息、旅行警報和警告。旅客可致電 888-407-4747 或 202-501-4444 查詢，或上網 travel.state.gov。

檢疫/健康/醫療

1. 為了安心旅遊並確保旅客自身的權益，名人假期強烈建議旅客出發前購買旅遊保險。
2. 入境日本不須檢疫證明；然而，熟悉自身健康狀況、了解旅遊目的地，對旅遊而言是至關重要的，行前應諮詢美國疾病控制和防治中心 (CDC)，可致電 800-232-4636，或上網查詢至日本旅遊的疫苗及藥物的最新消息 <http://wwwnc.cdc.gov/travel>。
3. 出發前四至六星期，諮詢您的醫生，瞭解自身狀況，確定您兒時已按期接種一般傳染病的疫苗，以及是否須要追加注射或服用疫苗。
4. 個人處方藥應置於原裝藥瓶／袋內，註明姓名和藥方，並且應隨身攜帶，勿放入托運行李中。
5. 自備個人常用藥品如感冒藥、胃腸藥、暈車藥、止痛藥、隱形眼鏡藥水及維他命等。
6. 旅途中，如有醫藥健康方面的問題，請隨時告訴導遊，以便及早並盡力協助。

氣候

日本位於北溫帶，氣候比較溫和，惟因日本的北端位於亞寒帶，而最南端位於亞熱帶，相距三千多公里，所以氣候會因季節、地區而不同，又因海洋性氣候明顯，一年四季溫差很大。冬季平均氣溫約 5.1 °C (41.2 °F)，夏季平均氣溫 25.2 °C (77.4 °F)，六月至七月雨量比平時為多。

電壓/插座

日本的電壓是 100 伏特。頻率有兩種，東部地區（包括東京、北海道）是 50 Hz，西部地區（包括京都、大阪）是 60 Hz，頻率差異只會影響敏感設備。大部份酒店裡的電流設備都是可以兼用 110V 和 220V，方便北美旅客使用帶來的電鬍刀和吹風機等電氣用品。日本的插座是雙平腳型 (Type A)。

行李

1. 為了旅途中的方便，行李以精簡為宜，建議每人托運一大件、手提一小件，尺寸大小須符合航空公司的規定，預留空間存放沿途購買之物。長途旅行時，行李會多次搬運，行李箱應堅固耐用，附滑輪和安全鎖，建議使用 TSA 合格鎖及本公司所提供、容易辨識的行李掛牌（寫明英文姓名、美國地址、電話及團體號碼）。
2. 團費不包括行李員服務費用。請隨時留意自己的貴重物品，謹防扒手或小偷，獨自外出時注意自身安全。
3. 貴重物品及個人處方藥和必需品最好隨身攜帶，勿置入托運行李中。
4. 考慮帶上一套備用衣服及盥洗用品於手提行李內，以免行李延誤或遺失等突發狀況時，造成不便。
5. 航空公司一律禁止旅客於任何行李中攜帶電容量超過 20,000 mAh，或無明確標示規格或數值的充電寶／行動電源。有關攜帶備用鋰電池及行動電源的行李限制詳情，請逕洽航空公司。
6. 有關「美國機場安檢須知」及 TSA 合格鎖的資訊，請查詢美國運輸安全局網站：<http://www.tsa.gov>

衣著/攜帶物品

1. 根據季節準備適當的衣著。春季 (3 月-5 月) 較涼爽，須帶外套及薄毛衣；夏季 (6 月-8 月) 炎熱，以短袖，運動服裝等輕便衣著為主；秋季 (9 月-11 月) 較涼爽，帶外套及薄毛衣；冬季 (12 月-2 月) 溼冷，應帶禦寒厚外套為佳。
2. 無論任何季節，最好隨身攜帶四季合用之外套、輕便的雨衣或雨傘，柔軟舒適便於行走的便鞋是必須的。
3. 日本人有進入屋內及寺廟脫鞋的習慣。冬天參觀寺廟時，一般寺內都無暖氣設備，建議穿著清潔保暖的襪子。
4. 手機、相機、攝影機、平板電腦及各種小家電的充電器。
5. 建議自備國際旅行用的變壓器和萬用插頭。

入境機場/海關

本公司當地代表或導遊依規定無法進入國際機場的移民檢查站、海關或領行李區。旅客須自行通過移民檢查站、海關，領完行李後，步行至抵達大廳，本公司當地代表或導遊將於大廳舉牌「Peony Tours」恭候。

語言

在日本，通用的語言只有日語一種，但是日本人在接受義務教育的時候都學過英語，簡單的英語大多都能聽得懂。

時差

日本時間較美國紐約時間（美東時區）早 14 小時，比洛杉磯和舊金山時間（美西時間）早 17 小時。

貨幣/信用卡/自動櫃員機

1. 日本的貨幣單位是日元（即日文中的「圓」，英文 Yen 或 JPY），顯示符號“¥”。日元的硬幣有 1 圓、5 圓、50 圓、100 圓、500 圓五種；紙幣有 1,000 圓、2,000 圓、5,000 圓和 1 萬圓四種；其中，最廣泛使用的是 1,000 圓的紙幣和 100 圓的硬幣，在自動販賣機或零售小店都較方便。
2. 兌換率是每天變動的，按 2024 年 10 月的一般匯率，1 美元約可兌換 153.37 日圓。旅客抵達日本後可以在國際機場、各大銀行或酒店內自由兌換外幣，可謂相當便利。
3. 大部份的百貨公司、銀行、餐廳都接受一般信用卡如 American Express、VISA、Mastercard 等。出發前，務必記得通知信用卡公司您的旅行計劃，並確認信用額度，以確保旅途中能順利使用信用卡。如打算沿途於小商店購物，則建議攜帶足夠的現金零錢。
4. 日本全國的郵局皆設有自動櫃員機 (ATM)，能使用各國發行的信用卡提領現金。許多 7-11 便利商店內亦設有 ATM，提供 24 小時提取現金的服務，相當方便。

酒店

以二人住宿一房為原則，日本境內酒店房間雖不似北美寬敞，但麻雀雖小五臟俱全，設備齊全，大部份備有熱茶、和服及拖鞋。酒店不提供行李服務，旅客須自行搬拖。

餐食/飲水

1. 如行程中註明，日本境內每日於酒店內使用早餐，午餐或晚餐則採用中式或日式。
2. 日本的自來水在是可以直接飲用的。沿途很容易買到各式冷熱飲料及瓶裝水。

電話/網路

1. 日本國內電話號碼含各城市的區域碼，東京的區域碼是 03，京都 075，大阪 06，神戶 078，札幌 11，小樽 134，盛岡 19，十和田 176。日本的國家代碼 81。

- 從日本直撥電話回美國，請撥 010 + 1 + XXX + XXX XXXX
 - 從美國直撥電話去東京，請撥 011 + 81 + 3 + XXXXXX
2. 日本多數酒店提供免費的無線網絡連接及商務中心。有關每個酒店的具體詳情，請諮詢酒店前台。

小費

團費不包含小費。小費是一般國際禮儀，旨在鼓勵和獎勵優質的服務，也是旅客在接受各項服務後，表示謝忱的一種方式。若有服務不週之處，懇請旅客不吝來電/函指正，本公司將善盡督導之責，令當地負責單位改善。日本旅遊小費建議標準：每人每天 \$12 USD，旅客可參酌實際情況適當增減。在日本餐廳用餐及住宿酒店，一般不須另付小費。

導遊：\$9 USD X 8 天 = \$72 USD

司機：\$3 USD X 7 天 = \$21 USD

日本旅遊資訊及緊急聯絡電話

1. 日本旅遊及地圖資訊等詳情，請查詢日本國家旅遊局網站：<http://www.jnto.go.jp>
2. 日本境內，本公司聯絡電話：
美國+1 626-677-3415; 中國 +86 21-6205-3666

注意事項

1. 日本的交通規則與道路系統與北美大不同，車輛與行人要靠左行。
2. 尊重導遊及其他團員的權益，當導遊解說時，仔細聆聽，保持安靜。
3. 出外旅遊首重安全，夜間或自由活動時，若須外出，攜帶印有酒店地址和電話的名片，以防迷路，最好能結伴同行，避免單獨活動，注意安全。
4. 住宿飯店時，請隨時將房門扣上安全鎖，以策安全。
5. 應隨時留意自己的行李，貴重物品請隨身攜帶，或託放至飯店保險箱，切勿放置車上，小心扒手，多一分留意，少一分麻煩。
6. 團體旅遊須全體團員的合作與配合，旅途中請切實遵守規定之集合時間與地點，佩戴本公司提供之胸章，以利領隊辨識及協助。
7. 搭乘美國國內班機，須至少兩小時前抵達機場，國際班機須至少三小時前抵達機場，逢假日更應提早，以便從容通過機場安檢。任何班機延誤、取消或其他的緊急狀況，請立即與勵馳旅遊名人假期聯絡。

美國/上班時間 (Mon-Fri, 9am-5:30pm)

總公司-----626-289-2450

洛杉磯分公司-----626-289-1010

舊金山分公司-----650-259-9983

紐約分公司-----212-973-1998

美國/下班時間-----626-677-3415

PREPARING FOR YOUR TRIP

As you prepare to embark on your upcoming Peony Tours journey, please review carefully the trip details that we provide you including hotel information, tour itinerary, and emergency contact number(s). Please make sure you have all travel documents, passports, air tickets, and necessary visas ready before you depart for your trip.

PASSPORT / VISA

1. Passport must be valid for at least 6 months from the return date of your trip. Japanese law also requires travelers to have at least one blank page in their passport for entry stamps.
2. U.S. Resident Aliens need both passport and Alien Resident Card for re-entry to the United States.
3. Carry emergency contact person's name, address and telephone number with you.
4. Keep travel documents, passport, personal necessities and valuables with you at all times. Leave a copy of the important documents to your family or pack another separately from the original itself. We suggest you scan and email a copy to yourself for easy online access. This will help speed up the replacement process.
5. No entry visa is required for US passport holders for stays of less than 90 days. For detailed passports and visa information, all travelers are advised to visit the website of Consulate-General of Japan in:
New York (www.ny.us.emb-japan.go.jp),
Los Angeles (www.la.us.emb-japan.go.jp),
San Francisco (www.sf.us.emb-japan.go.jp).
6. Peony Tours is not responsible when you are denied entrance for any reason at foreign country, even if you have a valid passport and visa.

CONSULAR INFORMATION

The US Department of State provides Country Specific Information Sheets for every country in the world, as well as Travel Alerts and Warnings. Find this information by calling 888-407-4747 or 202-501-4444, or online at travel.state.gov.

HEALTH / MEDICAL MATTERS

1. For your protection and peace of mind, you are strongly advised to purchase travel insurance prior to departure.
2. No required Vaccinations for guests traveling to Japan. However it is important to familiarize yourself with any potential health issues or concerns related to your destination, and so we strongly recommend consulting the Center for Disease Control and Prevention (CDC) for up-to- date information on required and recommended

vaccines and medications. Visit them online at wwwnc.cdc.gov/travel or call 800-232-4636.

3. Plan to visit your doctor or local travel clinic at least 4-6 weeks before departure to allow time for any vaccinations to take effect or to fill any prescriptions.
4. It is advised to pack any prescription medicine in your carry-on hand luggage and make sure it is fully labeled.
5. It may also be useful to bring aspirin, over-the-counter medicine for the flu, indigestion, motion sickness, etc. In case of illness during the trip, please immediately notify your tour guide for assistance.
6. Please consult your healthcare provider for suggestions on prevention and treatment.

WEATHER

The weather in Japan is generally mild. But since the nation stretches for over 3,000 km from north to south, the weather is varied depending on where and when you travel. The average winter temperature in Japan is 5.1 °C (41.2 °F) and the average summer temperature is 25.2 °C (77.4 °F). The main rainy season falls in June and July.

ELECTRICITY

The voltage in Japan is 100 Volt. The frequency of electric current is 50 Hertz in Eastern Japan (including Tokyo and Hokkaido) and 60 Hertz in Western Japan (including Osaka, Kyoto, Hiroshima); however, most equipment is not affected by this frequency difference. Leading hotels in big cities within Japan have two outlets of 110 and 220 volts, but their sockets usually accept two-prong plugs (Type A) only.

BAGGAGE

1. Baggage is the sole responsibility of the traveler. Peony Tours welcomes our guests to bring **one check-in luggage** due the storage space on the bus.
2. We recommend using a TSA approved luggage lock, a Peony Tours baggage tag showing the name and contact information of the owner, and the tour code. Please only use Peony Tours luggage tags for easy identification.
3. No porter service will be provided throughout the tour. During the tour please keep an eye on your personal belongings and valuables at all times. Beware of your surroundings when going out on your own.
4. Do not pack your prescription medicine, valuables or other personal necessities in checked luggage. Keep these items in your carry-on bag.
5. Consider packing one change of clothing and toiletry in your carry-on bag to avoid inconvenience caused by delayed or lost luggage.

6. Power bank chargers over 20,000 mAh are restricted from carry-on and check in luggage. Power bank mAh capacity must be clearly labeled by manufacture on the charger.
7. Please visit www.tsa.gov for USA baggage restrictions.

CLOTHING / THINGS TO BRING

1. Pack clothes according to the weather. Spring (Mar-May): lightweight jackets and sweaters; Summer (Jun-Aug): light clothing, short sleeves, raincoat or umbrella; Autumn (Sep-Nov): same as spring; Winter (Dec-Feb): wool and warm overcoats, suits, sweaters and jackets.
2. All-season jackets, lightweight raincoats, umbrellas or poncho, and comfortable walking shoes are a must.
3. Please note: shoes need to be removed prior to entering residences and temples in Japan. Since the temples have no heater, during winter time, we recommend you to wear warm socks when visiting temples.
4. Charging cables for your cell phone, camera, camcorder, tablet, and other electronics.
5. International travel voltage converter and adapter plugs.

ARRIVAL AIRPORT INFORMATION / CUSTOMS

At most international airports, passengers cannot be met inside secured areas. This includes Immigration, Customs halls and Baggage Claim. Your Peony Tours local representative will greet you as you exit these restricted areas; look for the person holding the distinctive Peony Tours signboard.

LANGUAGE

There is only one official language spoken in Japan, which is of course Japanese. However, many Japanese are able to understand English to a certain extent since English is the foreign language that everyone must learn as part of compulsory education.

TIME DIFFERENCE

The time difference between major cities in USA and Japan is as below:

Los Angeles and San Francisco +17 hours,
New York +14 hours

CURRENCY AND CREDIT CARD

1. The currency of Japan is written “円”. Its currency sign is “¥” and is written “Yen” or “JPY” in English. Coins are available in denominations of 1, 5, 10, 50, 100 and 500 yen and bank notes in denominations of 1,000, 2,000, 5,000 and 10,000 yen. The 1,000 yen bill and 100 yen

coin are used often. In addition to being accepted by many vending machines, the 1,000 yen bill makes your shopping go smoothly at the cash register.

2. The exchange rate is about 153.37 yen to one US dollar as of October 2024. You can exchange yen at the airport currency exchange counters, hotels, or foreign exchange banks at arrival.
3. Most department stores, hotels and restaurants will accept major credit cards such as American Express, VISA, and Mastercard. However, it is more convenient to use cash especially if you are planning to shop and eat in smaller shops. It is advised to inform your credit card company of your traveling and to confirm your credit line prior to departure.
4. ATMs: You can withdraw yen from your debit cards/credit cards via ATM in Post Bank and Seven Bank throughout Japan.

HOTEL ACCOMMODATIONS

Based on two adults sharing one twin bedded room, double occupancy. Generally the hotel rooms in Japan are small, but very clean and comfortable. The hotels do not provide porter service. Passengers have to carry their own luggage.

MEALS / WATER

1. Meals are specified in the itinerary including hotel breakfast, lunches and dinners at hotel or local restaurant.
2. Tap water is safe to drink anywhere in Japan. Mineral water can be easily obtained from super markets, convenience stores and other similar places. Automatic vending machines are more widespread in Japan than anywhere else in the world. The machines operate 24 hours a day at all rest areas, selling soft drinks, cigarettes, and cup noodles.

INTERNET / TELEPHONE

1. Telephone numbers in Japan consist of an area code and phone number. Area code for Tokyo is 03, Kyoto 075, Osaka 06, Kobe 078, Sapporo 11, Otaru 134, Moriota 19, Towada 176. Japan's country code is 81.
 - Call from Japan to USA: 010+1+Area code+Phone number
 - Call from USA to Tokyo: 011+81+3+Phone number
2. In Japan, you can find many Wi-Fi signals which you can enjoy browsing. Free Wi-Fi access is often provided by cafes, restaurants, hotels, and convenience stores. Pocket Wi-Fi and SIM Card rental service is also available at the airport.

TIPPING

Please note that gratuities are not included in your tour cost. They are customary and their purpose is to encourage and reward quality service. Our guides greatly appreciate any tips you would like to give them. Our recommended tip amount is \$12 USD per person per day. Since a 10 –15% service charge is added to the bill at leading hotels and restaurants, no tip is necessary unless you request some extra special services.

Tour guide: \$9 USD X 8D = \$72 USD

Driver: \$3 USD X 7D = \$21 USD

JAPAN DETAILED INFO & EMERGENCY PHONE NUMBER

1. For detailed Japan travel guides and maps please visit: <http://www.jnto.go.jp>
2. **Emergency contact in Japan**, please call Peony Tours' representative: USA +1 626-677-3415; China +86 21-6205-3666

IMPORTANT NOTES

1. Drive and walk on the left side in Japan.
2. Respect other group members, your tour guides and drivers. Refrain from talking when the tour guide is speaking.
3. Safety of travelers has always been our number one concern. For your safety, please bring the hotel's address card with you when you are out on your own.
4. Always be cautious when staying at a hotel. Never allow strangers into your room. Keep doors locked at all times.
5. Use the safes where available in your accommodations to secure your valuables, especially passports, medications, jewelry, money and electronics. If you must carry valuables, keep them on your person at all times. Be mindful of your surroundings and take extra caution in crowds.
6. It is important to follow the indicated meeting time and meeting point. Use the badge provided by Peony Tours for easy identification.
7. To make your trip as enjoyable as possible, allow enough time for flight check-in, security screening and boarding: 2 hours for US domestic travel, 3 hours for international travel, and even more on public holidays. In case of emergency, please contact Peony Tours immediately.

USA / During Office Hours (Mon-Fri, 9am – 5:30pm PST)

Headquarters -----626-289-2450

Los Angeles Office -----626-289-1010

San Francisco Office -----650-259-9983

New York Office -----212-973-1998

USA / After office hours -----626-677-3415